



Ophthalmic Physicians and Surgeons

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Dr Sunil Warriar
Patient Instructions: Limbic tumour (conjunctival lesion) Surgery

Limbic tumour Surgery

These lesions have been assessed as suspicious by Dr Warriar and require excision (removal) and review by a pathologist under a microscope to aid in the diagnosis. Cancer or a pre-cancerous stage may be diagnosed. The eye is numbed by an anaesthetist and then the lesion(s) removed with fine scissors. Excess tissue is then removed with a fine blade. The gap left is then covered with a graft of tissue from your own eye which Dr Warriar stitches into place with fine sutures invisible to the naked eye. Antibiotic is placed into your eye and it is covered with a firm pad till you see Dr Warriar the following day. Based on what the pathologist reports, you may be required to use chemotherapy drops after your eye has healed from this surgery. Dr Warriar will discuss this option with you after the results are back from the pathologist.

Eye Medications After Surgery

- You have been prescribed 2 different eye drops:
Prednefrin Forte & Chloromycetin
1 drop each every 3 hours for 2 days then
4 times per day for 2 weeks then
3 times per day for 2 weeks then
2 times per day for 2 weeks then

You will need to refill the script.

- Do not get up at night to put in the drops.
- The order of the drops is not important, but read the label to ensure that you have the correct eye drop.
- Discontinue any previous eye medications to the operated eye, unless otherwise instructed.
- Keep the eye drop bottles in a cool place or in the refrigerator.
- Shake the bottles well before use.
- Wash your hands with soap and water before handling any eye drops or touching the eye.
- Do not allow the tip of the bottle to touch your eye, eyelashes, or hands.

How to apply the eye drops:

Look up and gently pull down the lower lid with your finger.
Then gently squeeze the bottle and instill one drop.
Remove your finger and gently close the eye.
Wait at least 2 minutes before the next drop.

- Take your eye medications with you each time you see the doctor.

Eye Pad

- Leave the eye pad on overnight and remove it the following day, unless instructed otherwise by Dr. Warriar. You may wash your face and take a shower after the eye pad has been removed.

What to Expect

- It is normal for your eye to be red and have some discharge.
The eye may be gritty and watery.
The vision may be blurred or fluctuate.
Complete healing takes 2 months after which time the eye looks excellent

Physical Activity

- No swimming for 3 weeks following surgery.
No restrictions on reading, watching TV, walking, shopping, showering, etc.

Contact Dr. Warriar immediately if

- Severe pain that is not relieved with the drops or panadeine tablets.
- Marked increase in the redness of the eye.

Contact Numbers

- Surgery (M-F 9am-5pm): 3831 0101**