

**Terrace Eye Centre**  
*Ophthalmic Physicians and Surgeons*  
**2nd Floor, 87 Wickham Terrace**  
**BRISBANE QLD 4000**

Phone: 07 3831 0101      Fax: 07 3831 3203

**Patient Instructions: General Eyelid & Periorbital Surgery**

**Dr. Sonia Yuen**

**Eye Medications**

- You have been prescribed Chloromycetin eye ointment  
Apply to the operated eye and the surgical wound 4 times a day for 1 week. (Place the ointment onto a cotton bud, then gently smear the ointment onto the eye lid from the cotton bud.)
- Discontinue any previous eye medications to the operated eye, unless otherwise instructed. Keep the eye medication in a cool place or in the refrigerator. Wash your hands with soap and water before handling any eye drops or touching the eye. Do not allow the tip of the medication tube to touch your eye, eyelashes, or hands. If you are using drops and ointment at the same time, use the drops first then the ointment. Take your eye medications with you each time you see the doctor.

**Eye Pad**

- Leave the eye pad on overnight and remove it the following day, unless instructed otherwise by Dr. Yuen.  
You may wash your face and take a shower after the eye pad has been removed.

**What to Expect**

- It is normal for your eye to be somewhat red and have some discharge.
- The eye may be gritty and watery.
- The vision may be blurred or fluctuate when eye ointment is applied.

**Physical Activity**

- No swimming for 3 weeks following surgery.
- No strenuous activity (gardening, lifting heavy objects) for 1 week.
- No restrictions on reading, watching TV, walking, shopping, showering, etc.

**Contact Dr. Yuen immediately if**

- Severe pain.
- Severe swelling of the eye.
- Severe bleeding of the eye.
- Marked increase in the redness of the eye.

**Contact Numbers**

- **Surgery (M-F 9am-5pm): 3831 0101**
- **Emergency Contact: 3323-3568**

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**PRACTICING IN ASSOCIATION**

**DR ALBERT ARALAR** MB BS FRANZCO  
**DR GUY D'MELLOW** MB BS(Hons) FRANZCO FRACS  
**DR WILLIAM GLASSON** MB BS FRANZCO FRACS FRCOphth  
**DR SONIA YUEN** MD PhD FRANZCO

**DR PETER BECKINGSALE** MB BS FRANZCO  
**DR MARK DONALDSON** MB BS(Hons) FRANZCO  
**PROF TIMOTHY SULLIVAN** MB BS FRANZCO FRACS FRCOphth  
Professor of Ophthalmology