

Terrace Eye Centre
Ophthalmic Physicians and Surgeons
2nd Floor, 87 Wickham Terrace
BRISBANE QLD 4000

Phone: 07 3831 0101 Fax: 07 3831 3203

Patient Instructions: Strabismus Surgery

Dr. Sonia Yuen

Eye Medications

- 2 different eye drops have been prescribed:
 Maxidex & Chloromycetin
 Maxidex: 1 drop 2 times per day for 2 weeks
 Chloromycetin: 1 drop 4 times per day for 2 weeks
- Do not get up at night to put in the drops or ointment.
- The order of the drops is not important, but read the label to ensure that you have the correct eye drop.
- Discontinue any previous eye medications to the operated eye, unless otherwise instructed.
- Keep the eye drop bottles in a cool place or in the refrigerator.
- Shake the bottles well before use.
- Wash your hands with soap and water before handling any eye drops or touching the eye.

Do not allow the tip of the bottle to touch the eye, eyelashes, or hands.

If you are using drops and ointment at the same time, use the drops first then the ointment.

If using eye ointment, place the ointment onto a cotton bud, then gently smear the ointment onto the eyelid from the cotton bud.

How to apply the eye drops:

 Look up and gently pull down the lower lid with your finger.

 Then gently squeeze the bottle and instill one drop.

 Remove your finger and gently close the eye.

 Wait at least 2 minutes before the next drop.

- Take your eye medications with you each time you see the doctor.

What to Expect

- It is normal for the eye to be red and have some discharge.
The eye may be gritty and watery.

Physical Activity

- No swimming for 3 weeks following surgery.
No strenuous activity (gardening, lifting heavy objects) for 1 week.
No restrictions on reading, watching TV, walking, shopping, showering, etc.

Contact Dr. Yuen immediately if

- Severe pain.
Marked increase in the redness of the eye.

Contact Numbers

- **Surgery (M-F 9am-5pm): 3810 0101**

PRACTICING IN ASSOCIATION

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DR GUY D'MELLOW MB BS(Hons) FRANZCO FRACS
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