

Post-Procedure Instructions –
Excision Chalazion/Cyst/Excision Eyelid Lesion
Prof Timothy Sullivan

General Instructions:

After incision and drainage of an eyelid lesion, antibiotic ointment and an eye pad will be applied with tape over the affected eye. This dressing should be removed the following morning. Once the dressing has been removed the eyelids can be cleaned gently with a clean facecloth or gauze wet with saline or cooled, boiled water.

It is normal to expect some bruising and swelling after the procedure. In general, this will subside over the following days-to-weeks. In the event of significant pain, redness or change in the vision, please call the rooms to arrange a follow up.

Some people experience a small amount of bleeding or ooze for the first 24-48 hours after the procedure. Where a small amount of bleeding occurs, gentle pressure should be applied to the eyelid for 5-10 mins with the head in an elevated position. This should be all that is required to control bleeding. If bleeding will not stop or occurs after hours, emergency care at the nearest hospital emergency department may be required, although this is very unlikely.

Postoperative Care

A script for Chlorsig antibiotic ointment will be given to you following the procedure and this should be filled as soon as possible. Apply the ointment to the eye and eyelid once daily (usually in the evening) for 5-7 days or until the wound is healed. Ice packs may also help minimise bruising and swelling for the first 48 hours after surgery and can be used as tolerated. Simple analgesia (paracetamol, ibuprofen) should be all that is required for pain management.

Follow Up

For most patients with a chalazion, an incision and drainage is curative and formal follow up is usually not required. However, if you have any concerns in the post-procedure period, including pain, redness or swelling, bleeding, wound breakdown, or **recurrence**, please contact Prof Sullivan's rooms to organise an appointment for review and management. A recurrent chalazion may indicate a more sinister pathology such as eyelid cancer, and **all recurrences should be reported to Prof Sullivan.**

For all appointments please contact Terrace Eye Centre on: 07 3831 0101.