



## Patient instructions following

### Photodynamic Therapy (PDT)/ Transpupillary Thermotherapy (TTT)

#### Post treatment:

- 1) A follow up appointment will be booked for you.
- 2) You may be given a prescription for steroid drops and when necessary, oral steroid and pain relief tablets.
- 3) If you have received **PDT treatment** you need to minimise your sun exposure and wear protective clothing (long sleeve shirt, long pants, sunglasses and a hat) for 3 days after treatment as the medication (*Visudyne*) used in conjunction with the laser makes you sensitive to ultraviolet light.
- 4) You will be given Optive lubricating eye drops to be administered if the eye feels dry, itchy or irritated.
- 5) You will receive a follow up phone call within the next 2-4 days post treatment from a Registered Nurse to assess your progress and answer any basic questions you may have.
- 6) **If you experience any acute issues post treatment inside office hours please call our clinic. If outside office hours, issues occur please do not hesitate to contact the treating doctor on their mobile listed below.**

#### You may experience following your treatment some symptoms, though not limited to:

- 1) Pain
- 2) Swelling around the eye
- 3) Sensitivity to light
- 4) Dry eye

***However, if any of these symptoms alarm you, are progressively worsening or you have any concerns, please do not hesitate to contact the clinic or your treating doctor.***

**Clinic (07) 38 31 01 01 Monday – Friday 8am – 5pm**

**Dr Bill Glasson 0427 757 375**

**Dr Lindsay McGrath 0411 279 378**

**Dr Sunil Warriar 0402 883 791**