**Dr. Sonia Ahn Yuen**

**Patient Instructions: General Eyelid & Periorbital Surgery**

**Eye Medications**

* You have been prescribed

Chloromycetin eye ointment (or Tobrex eye ointment)

Apply to the operated eye and the surgical wound 4 times a day for 4 weeks.

(Place the ointment onto a cotton bud, then gently smear the ointment onto the eye lid/surgical wound.)

* Discontinue any previous eye medications to the operated eye, unless otherwise instructed.
* Keep the eye medication in a cool place or in the refrigerator.
* Wash your hands with soap and water before handling any eye drops or touching the eye.
* If you are using drops and ointment at the same time, use the drops first then the ointment.
* Take your eye medications with you each time you see the doctor.

**Eye Pad**

* Leave the eye pad on overnight and remove it the following day, unless instructed otherwise by Dr. Yuen.
* No restriction on showering but keep the eye dry by not directing the shower water/wash basin waterdirectly onto the eye.

**Eye Protection**

* Avoid accidentally bumping your eye.

**What to Expect**

* It is normal for your eye to be somewhat red and have some discharge.
* The eye may be gritty and watery.
* The vision may be blurred or fluctuate when eye ointment is applied.

**Physical Activity**

* No strenuous activity (gardening, lifting heavy objects) for 3 weeks.
* No swimming for 6 weeks.
* Try to NOT bend over and don’t lift heavy objects for 3 weeks.
* No restrictions on reading, watching TV, walking, shopping, etc.
* No restriction on showering but keep the eye dry by not directing the shower water/wash basin waterdirectly onto the eye.

**Contact Dr. Yuen immediately at the respective Clinics in the event of the following:**

* Severe pain or severe blurring of vision.
* Marked increase in the redness or swelling of the eye.
* Severe bleeding of the eye.