**Dr. Sonia Ahn Yuen**

**Patient Instructions: Outpatient Minor Procedures**

**Eye Medications**

* You have been prescribed Chloromycetin Ointment. **Apply to operated eye and surgical wound 4 times per day** or as instructed by Dr Sonia Yuen. Place ointment on a cotton bud and then gently smear the ointment onto the eyelid.
* Discontinue any previous eye medications to the operated eye, unless instructed by Dr Sonia Yuen.
* Keep the eye medications in a cool place or in the refrigerator.
* Wash hands with soap and water before handling eye drops or touching the eye.
* **DO NOT** allow the tip of the medication bottle to touch your eye, eye lashes or hands.
* If you are using drops and ointment at the same time, **Please use drops FIRST and then the ointment.**
* Take eye medications with you each time you see Dr Sonia Yuen.

**Eye Pad/Patch**

* Leave the eye Pad/Patch Dr Yuen has placed onto your eye on for 1-2 hours, unless instructed otherwise.
* You may wash your face and take a shower after the eye pad/patch has been removed but **MINIMISE CONTACT** to the operated eye with water for the next 3 weeks.

**What to Expect**

* It is **NORMAL** for your eye t be somewhat red and have discharge.
* It is **NORMAL** for the eye to feel gritty and watery.
* It is **NORMAL** for your vision to become blurred or fluctuate when ointment is applied.

**Physical Activity**

* **NO SWIMMING** for 3-6 weeks after procedure.
* **NO STRENOUS ACTIVITY** ( Gardening/Heavy Lifting)
* **NO RESTRICTIONS ON** – reading, watching TV, walking, Shopping, showering ect but please minimise water contact for 3 weeks.

**Contact Reception or Dr Sonia Yuen Immediately!**

* **SEVERE** Pain
* **SEVERE** swelling of the eye.
* **SEVERE** bleeding of the eye.
* Marked increase in the **REDNESS** of the eye.
* Contacts Reception : 3831 0101 – Option 2 Mon-Fri.